



# STATE OF OUR TRAILS REPORT - TRASH SURVEY SHEET

Trail Name and location postcode: ..... Distance: .....

Your Name and Email: ..... Date: .....

Below is a list of items you may find on your trails. All you need to do is to record a tally next to each of the items you find. Once you've finished the trail clean, add up your tally for each item to include totals for each item type. Finally, add up your totals for each category and then add the categories to get the overall total.

EXAMPLE CATEGORY	
Trash Type A	12
Trash Type B	4

PET STUFF	
Full dog poo bags	
Empty dog poo bags	
Toys (eg., tennis ball)	
Other pet related	
DRINKS CONTAINERS	
Soft Drinks	
Plastic water bottle	
Plastic soft drink bottle	
Aluminium soft drink cans	
Glass soft drink bottles	
Plastic bottle top	
Energy Drinks	
Plastic energy drink bottle	
Aluminium energy drink can	
Plastic energy gel sachet	
Plastic energy gel ends	
Alcoholic Drinks	
Aluminium alcoholic drink can	
Glass alcoholic bottle	
Glass bottle top	
Takeaway drinks	
Hot drinks cups	
Hot drinks tops and stirrers	
Drinks cups (eg., McDonalds)	
Drinks tops (eg., McDonalds)	
Cartons	
Plastic straws	
Paper straws	

SNACKS / FOOD / SHOPPING / BBQ	
Plastic carrier bags	
Plastic bin bags	
Confectionary / sweet wrappers	
Wrapper 'corners' / tear offs	
Other confectionary (e.g. ice cream, lolly sticks, plastic pots)	
Crisps (or other savoury snacks, e.g. nuts) packets & pots	
Used chewing gum	
Plastic fast / takeaway food utensils	
Other fast / takeaway food containers, bags, wrapping	
Disposable BBQs and cooking utensils	
BBQ food containers, packaging etc	
Food on the go (e.g. sandwich wrappers and salad boxes)	
Homemade lunch (e.g. cling film, foil, sandwich bags)	
Fruit peel & cores	
SMOKING / VAPING / DRUGS	
Cigarette butts	
Smoking related (e.g. packs, filters, lighters)	
Disposable vapes	
Vaping e-cig related	
Drug Related	
FARMING / FORESTRY / IND / COMMERCIAL	
Salt / mineral lick buckets	
Silage wrap	
Other farming	
Tree guards	
Other forestry	
Cable ties	
Industrial plastic wrap	
Other industrial / commercial	

HYGIENE / BABY / COVID RELATED	
Toilet tissue	
Face / baby wipes	
Nappies	
Single Use Period Products	
Rubber / nitrile gloves	
Single Use COVID masks	
OUTDOOR RECREATION	
Camping	
Outdoor event (e.g. festival)	
Halloween, Fireworks	
Seasonal (e.g. Xmas, Easter)	
Normal balloons	
Helium balloons	
OUTDOOR ACTIVITY RELATED	
Outdoor sports event / race	
Ride (offroad biking)	
Run	
Roam (e.g. hiking, swimming, climbing)	
TEXTILES	
Clothes & footwear	
HOUSEHOLD / DOMESTIC	
Plastic milk bottles	
Glass milk bottles	
Plastic food containers	
Cardboard food containers	
Cleaning product containers	
MISCELLANEOUS	
TOO SMALL / DIRTY TO ID	
TOTAL	

OTHER NOT LISTED ITEMS

WEIRDEST / FUNNIEST / OLDEST

REMEMBER TO SUBMIT YOUR DATA AT [WWW.TRASHFREETRAILS.ORG](http://WWW.TRASHFREETRAILS.ORG)

Share your trail clean and tag us on instagram @trashfreetrails

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Total Bin Bags Collected: ..... No of Volunteers: .....

Three words that sum up the day: ..... Most interesting bird / animal / tree / plant:.....

TOP 20 BRANDS	
Lucozade	
Coca Cola	
Red Bull	
Monster	
Cadbury	
Walkers	
PepsiCo	
McDonalds	
Stella Artois	
Strongbow	
Haribo	
Mars	
Nestle	
Budweiser	
SIS	
Costa	
Fosters	
Carling	
High 5	
Danone	
Others	

ANIMAL INTERACTION SIGNS Y / N	
Chew marks	
Nesting (inside/on/below)	
Animal Remains (rotten eggs/poo smell)	
Animal prints	

NATURE CONNECTION QUESTIONS
<b>How did you feel about the amount of litter you saw?</b>
Pleased Indifferent Disappointed
<b>Did you discover more of less litter than expected?</b>
Less As expected More
<b>How did you feel after taking action to remove the litter?</b>
Ashamed Indifferent Proud
<b>After the clean, did you feel more of a sense of connection to that place?</b>
Yes No The same Not Sure
<b>Did you meet a new person / people that inspired you?</b>
Yes No Was on my own Was with people I already knew
<b>Did you spend time with your fellow trail cleaners afterwards?</b>
Yes No
<b>Have you taken part in TFT activities like this before?</b>
Yes No Not Sure
<b>If yes to the above, how many times have you taken part?</b>
<b>Would you take part in TFT activities like this in the future?</b>
Yes No Not Sure

COMMENTS, FEEDBACK AND NOTES

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