



STATE OF OUR TRAILS REPORT - TRASH TALLY SHEET

Trail Name and location postcode: Distance travelled on trail (est. is fine):

Your Name and Email: Date:

Total Bin Bags Collected: No. of Volunteers: Most interesting bird / animal / tree / plant you noticed:

Three words that sum up the day:

Below is a list of items you may find on your trails. All you need to do is to record a tally next to each of the items you find. Once you've finished the trail clean, add up your tally for each item to include totals for each item type. Finally, add up your totals for each category and then add the categories to get the overall total.

EXAMPLE CATEGORY	10
Trash Type A 	4
Trash Type B 	6

DIRTY DOZEN (PARENT) BRANDS	
Lucozade	
Coca cola	
Monster	
Red bull	
Cadburys	
Pepsico	
Mars	
Mcdonalds	
Stella artois	
Haribo	
Strongbow	
Science in Sport (SIS)	
Other	
PET STUFF	
Full dog poo bags	
Empty dog poo bags	
Other	
PLASTIC SOFT DRINKS CONTAINERS	
Water bottles	
Soft drink bottles	
Bottle tops	
Other	
ENERGY DRINKS AND GELS	
Energy drink bottles	
Energy drinks cans	
Energy gel sachets	
Energy Gel ends	
Other	
OTHER SOFT DRINKS CONTAINERS/ITEMS	
Soft drinks cans	
Soft drink glass bottles	
Cartons	
Straws	
Other	
TEXTILES	
Clothes	
Unidentified fabric	
Other	

ALCOHOLIC DRINKS CONTAINERS	
Alcoholic drinks cans	
Glass bottles	
Glass bottle tops	
Other	
TAKEAWAY DRINKS CONTAINERS	
Hot drinks cups	
Hot drinks tops	
Stirrers	
Other	
SNACKS / FOOD	
Fast / takeaway food	
Food on the go	
Confectionary wrappers	
Wrapper 'corners'	
Crisp packets	
Lollipop sticks	
Used gum	
Fruit peel & cores	
Plastic carrier bags	
Disposable bbq	
BBQ related	
Other	
SMOKING / VAPING / DRUGS	
Butts	
Smoking related	
Vaping e-cig related	
Drug related	
Other	
FARMING / FORESTRY / INDUSTRIAL	
Industrial (Construction)	
farming	
Forestry	
Other	

HYGIENE / BABY / COVID RELATED	
Toilet tissue	
Wipes	
Nappies	
Other baby	
Single Use COVID masks	
Reusable COVID masks	
Other	
RECREATION RELATED	
Outdoor event (Festival)	
Outdoor sports event	
Cable ties	
Halloween & Fireworks	
Seasonal (Xmas/Easter)	
Normal balloons	
Helium balloons	
Other	
OUTDOOR ACTIVITY RELATED	
Ride (mtb)	
Run	
Roam	
Other	
MISCELLANEOUS	
Polystyrene pieces	
Weird / #RetroRubbish	
Unidentifiable	
Uncountable (tiny pieces)	
Other	
ANIMAL INTERACTION SIGNS Y/N	
Chew marks	
Nesting (inside/on/below)	
Animal remains (rotten eggs/poo smell)	
TOTAL	

REMEMBER TO SUBMIT YOUR DATA AT WWW.TRASHFREETRAILS.ORG
 Share your trail clean and tag us on instagram @trashfreetrails
 #StateofOurTrailsReport #CitizenScience #TrashFreeTrails